



Sickness Procedure

Notification of Infectious Illnesses

Parents will be informed if an infectious illness, such as chickenpox, is identified within the nursery. A notice will be displayed at the entrance, outlining symptoms and any exclusion guidance issued by the Department of Health. This information will also be shared via the Family newsfeed.

Children Who Become Unwell During the Day

If a child becomes unwell while at nursery, a member of the management team will contact parents to discuss the child's condition and arrange collection if necessary.

Sickness and Diarrhoea

To reduce the spread of infection, children experiencing sickness or diarrhoea must remain at home for a minimum of 48 hours after the last episode.

- If a child vomits at nursery, parents will be contacted and asked to collect them immediately.
- If a child has **three episodes of diarrhoea** during the day, parents will be asked to collect them. Parents will receive a courtesy call after two episodes of diarrhoea to inform them of the current situation.

Immunisations

If a child has received an immunisation, they may not return to nursery on the same day. They may return the following day, provided they are well and have not experienced adverse effects such as a high temperature.

Antibiotics

Children prescribed antibiotics must remain at home for the first 24 hours after treatment begins and should only return once they are well enough to participate fully in nursery activities.

Temperature Management

- A normal temperature for a child under five is approximately 37°C.
- A temperature of 37.5°C or above is considered high.

Temperature of 38°C or Above

If a child's temperature reaches **38°C**, parents will be contacted for permission to administer paracetamol. The parents will also be requested to come and collect their child.

- If parents or emergency contacts cannot be reached and the child has been in nursery for **at least 4 hours**, paracetamol will be administered to reduce risk.
- If we **cannot confirm** the child has been in attendance for at least 4 hours, staff will call **111** for advice.
- If the child shows any concerning symptoms (e.g., rash, difficulty breathing, drowsiness, seizures), staff will call **999 immediately**.

If a high temperature does not reduce within one hour and no contact can be made with a parent or emergency contact, staff will call an ambulance.

Return After a Temperature

Children sent home with a high temperature may return the next day only if they are well and not reliant on paracetamol or ibuprofen. If a temperature reoccurs on the second day, the nursery will gain permission to administer calpol from the parent and then the child must be collected and remain at home, as they are not considered well enough for nursery.

Children who have been given paracetamol or ibuprofen before arrival to manage a temperature must not attend nursery. Accurate information from parents is essential to avoid double dosing and ensure children's safety.

Other Illnesses

For any illnesses not listed above, the nursery will follow Public Health England exclusion guidance. Parents will be notified of the required exclusion period once the illness is reported.